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21st Century Life Skills Assessment — Report

16 life skills · 4 areas | WHO / WEF framework | Class 8

Cognitive Skills

81/100 · 4 SKILLS

Decision Making
Problem Solving
Critical Thinking
Curiosity & Learning to Learn

AI Readiness

61/100 · 4 SKILLS

Media Literacy
Information Literacy
Communicating with Technology
Internet Skills & Safety



Intrapersonal Skills

64/100 · 4 SKILLS

Flexibility & Adaptability
Resilience & Coping
Initiative
Persistence & Grit

Interpersonal Skills

57/100 · 4 SKILLS

Collaboration & Teamwork
Leadership
Empathy
Communication

Overall score 66/100 · strongest area: Cognitive Skills 81/100

All 16 skills on one wheel · each piece is one skill, with Ishaan's score on it; the overall score sits in the middle

PREPARED FOR

Complete evaluation and growth recommendations for:

Ishaan Chopra (Sample)

CLASS	ISSUED	REPORT ID
Class 8	2026-11-21	LS26-SAMPLE08

Class 8 · 2026-11-21 · Report ID LS26-SAMPLE08 · Sample report: does not verify · 20 min

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Ishaan's results on one page

OVERALL SCORE

66/100

YOUR STRONGEST AREA
Cognitive Skills · 81/100

MEASURED
16 life skills across 4 areas

YOUR 4 AREAS · SCORE /100 · pp. 4–11

Cognitive Skills	81/100
Interpersonal Skills	57/100
Intrapersonal Skills	64/100
AI Readiness	61/100

6	8	2
STRENGTH	DEVELOPING	FOCUS AREA

number of skills in each range (out of 16) · Strength 70+ · Developing 40–69 · Focus Area below 40

ALL 16 SKILLS · SCORE /100 · pp. 4–11

COGNITIVE SKILLS

Decision Making	75	Strength
Problem Solving	88	Strength
Critical Thinking	67	Developing
Curiosity & Learning to Learn	92	Strength

INTERPERSONAL SKILLS

Collaboration & Teamwork	63	Developing
Leadership	50	Developing
Empathy	88	Strength
Communication	25	Focus Area

INTRAPERSONAL SKILLS

Flexibility & Adaptability	88	Strength
Resilience & Coping	58	Developing
Initiative	58	Developing
Persistence & Grit	50	Developing

AI READINESS

Media Literacy	67	Developing
Information Literacy	67	Developing
Communicating with Technology	75	Strength
Internet Skills & Safety	33	Focus Area

01 · ABOUT THE ASSESSMENT

"21st-century skills" are the core competencies — critical thinking, interpersonal skills, self-management and AI readiness — that help students succeed in school today and in the workforce tomorrow. This assessment measures **16 life skills across 4 areas**, on a framework built from the **World Economic Forum** and **WHO** guidance on 21st-century curriculum and life skills.

CLASS 8 · 2026

In Class 8, school has got bigger — more subjects, group projects, your own choices, and your first real life online. These 16 skills are what carry you through all of it. A lighter score is not a verdict. It is simply the skill that will move fastest with practice this year.

→ CLASS 9

See you next year in Class 9! This assessment is written class by class — next year you take the one for your new class. Retake it and track your progress, year after year.

Ishaan's 16 skills on one wheel



WHAT THIS WHEEL IS

All 16 life skills the 21st Century Life Skills Assessment measured, grouped into 4 areas. Each piece is one skill, with Ishaan's score on it; the overall score sits in the middle. Every student's wheel looks different — that is the point of it.

THE FRAMEWORK

Built on the WHO life-skills and World Economic Forum 21st-century skill frameworks. Take it again next year and watch the wheel change.

WHAT IT IS WORTH FROM HERE

A lot of what school rewards — remembering things, looking them up — is becoming something a computer does in a second. What stays valuable is the part of you on this wheel: how you judge, how you work with people, and whether you keep going.

02 · ALL 16 SKILLS

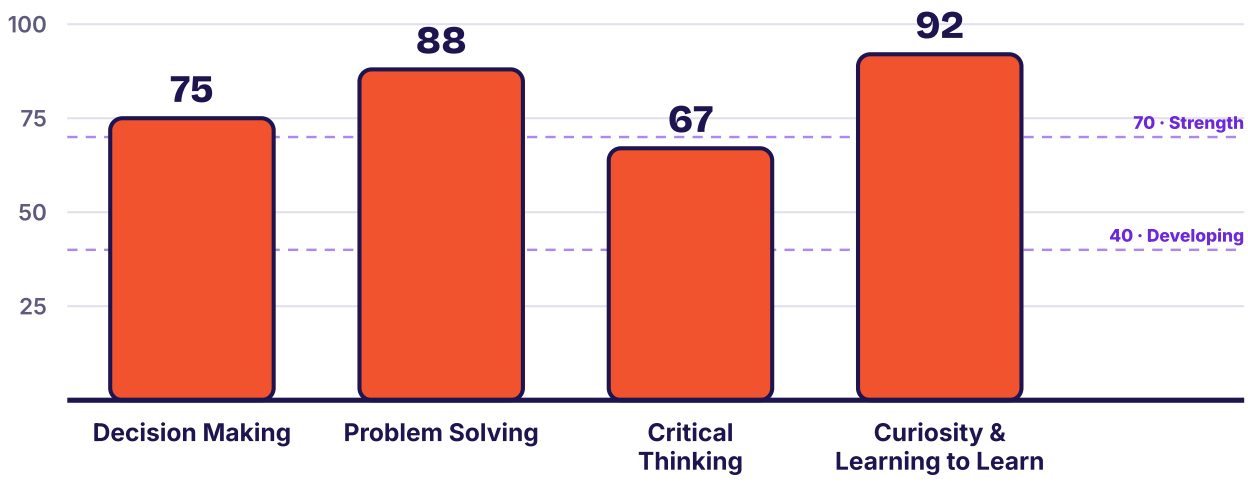
02 All 16 skills, up close

Each skill is explained first, then your score on its range: **Strength** (70+) · **Developing** (40–69) · **Focus Area** (below 40).

AREA 1 OF 4 · 4 SKILLS

Cognitive Skills

81/100
AREA SCORE



SKILL	SCORE	WHAT IT IS
Decision Making	**75/100** Strength	How you choose between options — weighing what matters instead of picking on impulse or copying others.
Problem Solving	**88/100** Strength	What you do when something doesn't work — breaking it into parts, trying approaches, and using what you have.
Critical Thinking	**67/100** Developing	Checking ideas before believing them — spotting weak reasons, missing evidence, and claims that don't add up.
Curiosity & Learning to Learn	**92/100** Strength	How much you want to find things out — asking questions, exploring beyond the syllabus, and knowing how you learn best.

Want details? *Take this report to your school counsellor for a fuller conversation.*

COGNITIVE SKILLS · SKILL 1 OF 4

Decision Making

75 /100 — Strength



You'll notice this skill when…

- Thinks of what could happen before choosing
- Can say WHY they picked one option over another
- Doesn't just copy what friends chose

Our recommendation

Weighs options and consequences before choosing — decisions are deliberate, not impulsive. Stretch it with bigger calls: budgets, plans, trade-offs.

COGNITIVE SKILLS · SKILL 2 OF 4

Problem Solving

88 /100 — Strength



You'll notice this skill when…

- Tries a second way when the first fails
- Breaks a big task into smaller steps
- Uses what's on hand instead of waiting for perfect conditions

Our recommendation

Approaches problems in steps and keeps trying angles until something works — a genuine strength. Feed it harder, messier problems.

COGNITIVE SKILLS · SKILL 3 OF 4

Critical Thinking

67 /100 — Developing



You'll notice this skill when…

- Asks for the reason behind a claim
- Spots when an argument doesn't follow
- Separates facts from opinions in what they read

Our recommendation

Questions some things but accepts others too quickly, especially from friends or favourite sources. 'What's the evidence?' as a habit closes the gap.

COGNITIVE SKILLS · SKILL 4 OF 4

Curiosity & Learning to Learn

92 /100 — Strength



You'll notice this skill when…

- Asks questions beyond what's needed for marks
- Explores topics nobody assigned
- Notices which study methods work for them

Our recommendation

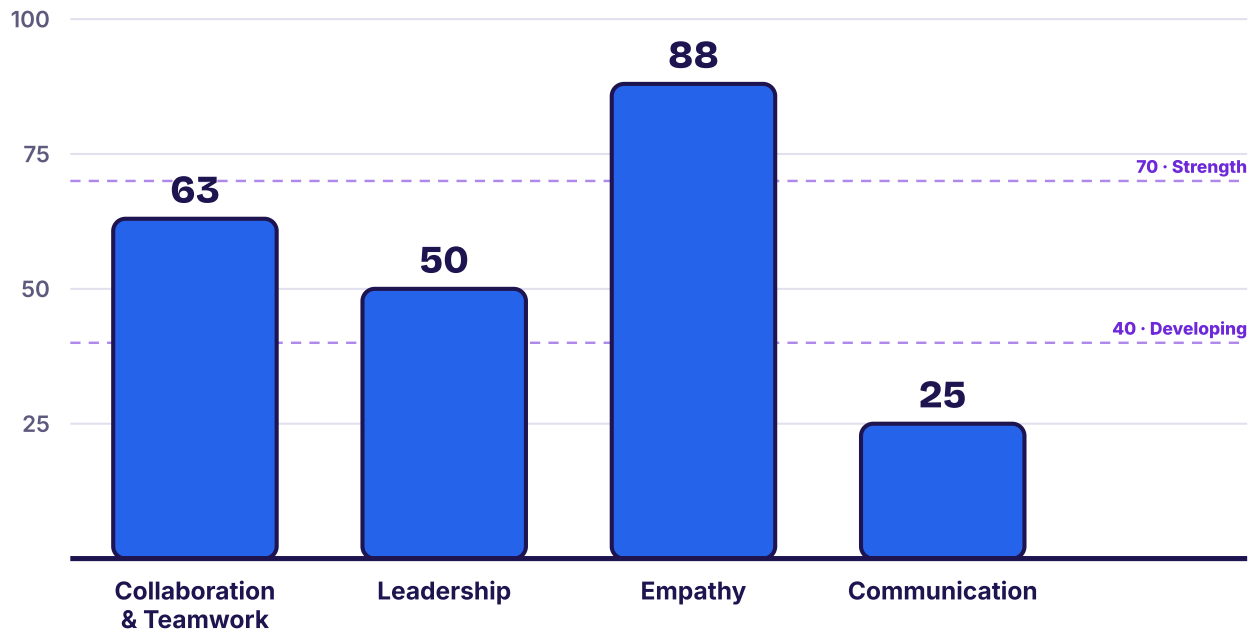
Genuinely hungry to learn and aware of how they learn — the single best predictor of lifelong growth. Feed it with freedom and depth.

Interpersonal Skills

AREA 2 OF 4 · 4 SKILLS

Interpersonal Skills

57/100
AREA SCORE



SKILL	SCORE	WHAT IT IS
Collaboration & Teamwork	**63/100** Developing	Working WITH people — sharing work fairly, helping teammates, and putting the team's goal above being right.
Leadership	**50/100** Developing	Getting a group moving — stepping up, including everyone, and taking responsibility when things go wrong.
Empathy	**88/100** Strength	Feeling with people — noticing how someone else feels and letting it shape what you do.
Communication	**25/100** Focus Area	Getting your message across and taking others' in — clearly, at the right time, in the right way.

Want details? *Take this report to your school counsellor for a fuller conversation.*

INTERPERSONAL SKILLS · SKILL 1 OF 4

Collaboration & Teamwork

63 /100 — Developing



You'll notice this skill when...

- Does their share without being chased
- Helps a struggling teammate instead of complaining
- Accepts the group's decision even when theirs wasn't picked

Our recommendation

Works well in teams they like, less so otherwise — friction shows as silence or solo-work. Practising one supportive act per project helps.

INTERPERSONAL SKILLS · SKILL 2 OF 4

Leadership

50 /100 — Developing



You'll notice this skill when...

- Steps up when no one else does
- Makes sure quieter members get heard
- Owns mistakes instead of blaming the team

Our recommendation

Leads when asked but rarely volunteers, or leads by doing everything personally. Practising delegation and speaking first grows it.

INTERPERSONAL SKILLS · SKILL 3 OF 4

Empathy

88 /100 — Strength



You'll notice this skill when...

- Notices when someone is left out or low
- Checks on people, not just tasks
- Considers how a joke or comment might land before making it

Our recommendation

Tunes into others' feelings and acts on it — kind AND perceptive. It will make them the person people trust; protect it from being taken for granted.

INTERPERSONAL SKILLS · SKILL 4 OF 4

Communication

25 /100 — Focus Area



You'll notice this skill when...

- Explains ideas so others get them first time
- Listens fully before replying
- Picks the right moment and tone for hard conversations

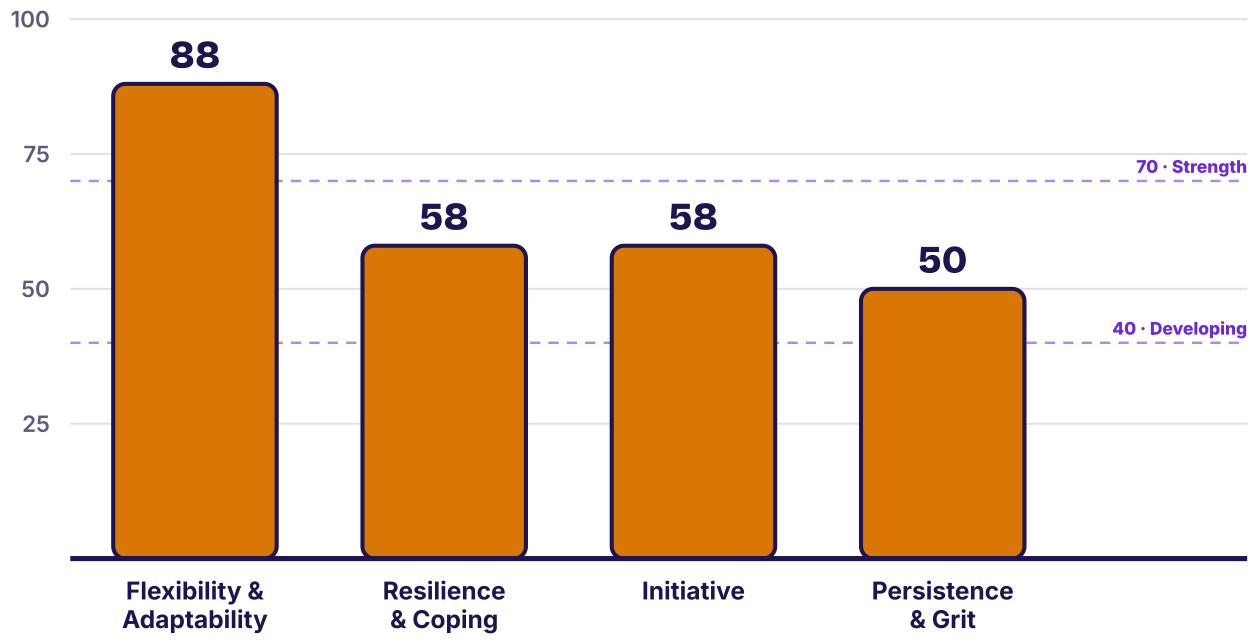
Our recommendation

Often misunderstood or unheard — messages come out muddled, too blunt, or not at all. Start with one-sentence clear asks and 'repeat back' listening.

AREA 3 OF 4 · 4 SKILLS

Intrapersonal Skills

64/100
AREA SCORE



SKILL	SCORE	WHAT IT IS
Flexibility & Adaptability	**88/100** Strength	Handling change without falling apart — new plans, new people, new rules, surprises.
Resilience & Coping	**58/100** Developing	Bouncing back — handling stress, disappointment and bad days without staying down.
Initiative	**58/100** Developing	Starting without being told — seeing what needs doing and beginning, instead of waiting for instructions.
Persistence & Grit	**50/100** Developing	Sticking with things — through boring middles, hard parts, and slow progress.
Want details?	*Take this report to your school counsellor for a fuller conversation.*	

INTRAPERSONAL SKILLS · SKILL 1 OF 4

Flexibility & Adaptability

88 /100 — Strength



You'll notice this skill when…

- Stays calm when plans change suddenly
- Tries new ways instead of insisting on the usual one
- Settles quickly with new classmates or teachers

Our recommendation

Adapts quickly and calmly when things change — a skill the modern world pays for. Stretch it by choosing unfamiliar situations on purpose.

INTRAPERSONAL SKILLS · SKILL 2 OF 4

Resilience & Coping

58 /100 — Developing



You'll notice this skill when…

- Recovers from a bad mark without spiralling
- Has ways to calm down when stressed
- Talks about problems instead of bottling them

Our recommendation

Copes with everyday stress but big disappointments linger. Building 2–3 named calming strategies makes recovery reliable.

INTRAPERSONAL SKILLS · SKILL 3 OF 4

Initiative

58 /100 — Developing



You'll notice this skill when…

- Starts homework or chores without reminders
- Proposes ideas instead of waiting to be assigned
- Sees something needed and just does it

Our recommendation

Starts well in areas they enjoy; elsewhere waits for a push. Shrinking the first step ('just open the book') builds the starting muscle.

INTRAPERSONAL SKILLS · SKILL 4 OF 4

Persistence & Grit

50 /100 — Developing



You'll notice this skill when…

- Finishes what they start, even the boring middle
- Practises things they're not yet good at
- Treats 'not yet' as normal, not as failure

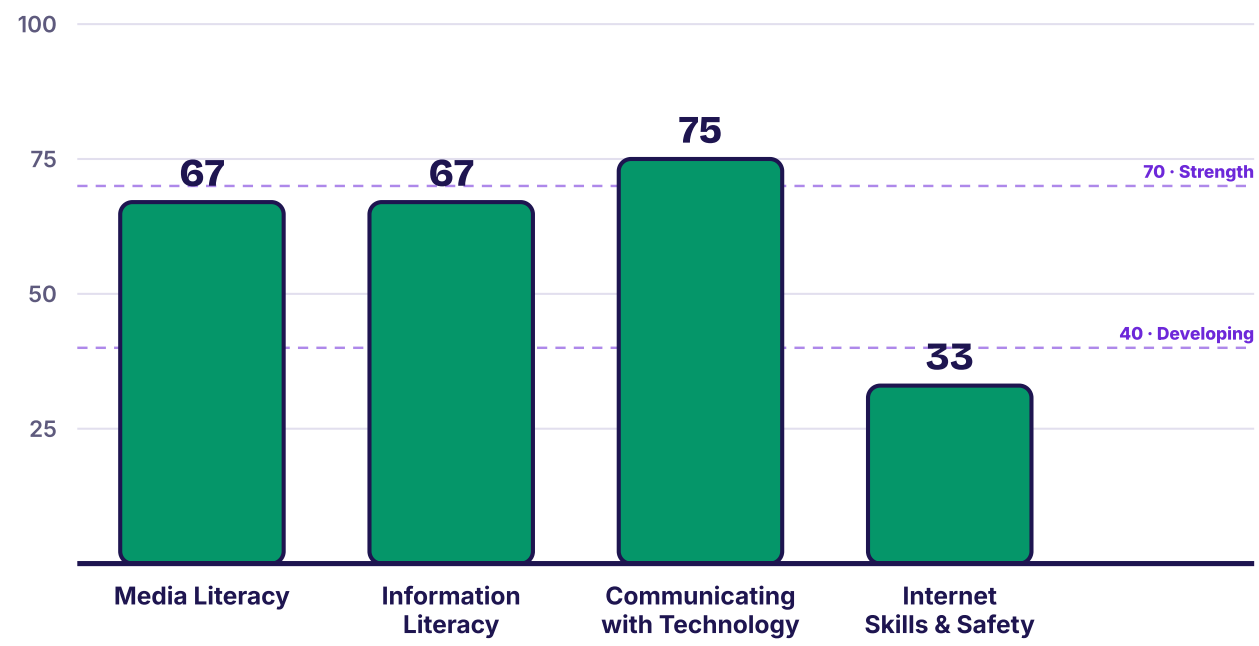
Our recommendation

Perseveres when progress shows, drifts when it stalls. Tracking small progress visibly (streaks, checklists) sustains the middle stretch.

AREA 4 OF 4 · 4 SKILLS

AI Readiness

61/100
AREA SCORE



SKILL	SCORE	WHAT IT IS
Media Literacy	**67/100** Developing	Seeing through content — knowing who made a message, why, and whether to trust it: ads, forwards, posts, videos.
Information Literacy	**67/100** Developing	Finding and judging information — searching well, picking trustworthy sources, and using what you find honestly.
Communicating with Technology	**75/100** Strength	Using digital tools well with people — the right message, the right channel, the right tone, at the right time.
Internet Skills & Safety	**33/100** Focus Area	Staying safe and in control online — passwords, privacy, strangers, scams, and healthy screen habits.

Want details? *Take this report to your school counsellor for a fuller conversation.*

AI READINESS · SKILL 1 OF 4

Media Literacy

67 /100 — Developing

0 · Focus | 40 · Developing | 70 · Strength | 100

You'll notice this skill when...

- Asks who made this and why before believing it
- Spots ads and sponsored content dressed as posts
- Doesn't forward things without checking

Our recommendation

Spots obvious fakes but slips on polished ones — sponsored posts, emotional forwards, edited images. A 'pause before share' rule covers most gaps.

AI READINESS · SKILL 2 OF 4

Information Literacy

67 /100 — Developing

0 · Focus | 40 · Developing | 70 · Strength | 100

You'll notice this skill when...

- Checks more than the first search result
- Prefers sources that cite evidence
- Says where information came from in their work

Our recommendation

Finds information but often settles for the first result or a weak source. Comparing two sources per question upgrades everything downstream.

AI READINESS · SKILL 3 OF 4

Communicating with Technology

75 /100 — Strength

0 · Focus | 40 · Developing | 70 · Strength | 100

You'll notice this skill when...

- Messages politely — to teachers differently than to friends
- Knows what belongs in a group chat and what doesn't
- Thinks how a message will land before sending

Our recommendation

Communicates skilfully on screens — right tone, right channel, and thoughtful about how messages land. A visible edge in projects and beyond.

AI READINESS · SKILL 4 OF 4

Internet Skills & Safety

33 /100 — Focus Area

0 · Focus | 40 · Developing | 70 · Strength | 100

You'll notice this skill when...

- Keeps passwords private, even from friends
- Recognises scams, fake prizes and phishing messages
- Knows what personal information should never be shared

Our recommendation

Currently vulnerable online — safety basics need building now, before habits harden. Start with passwords, personal info, and 'ask an adult when unsure'.

03 · GROWTH PLAN

03 Ishaan's growth plan

Six activities picked for Ishaan's scores and for Class 8 — weighted toward the skills with the most room to grow. Start with any two this week.

1 Explain one idea to a family member in exactly 3 sentences

YOUR SCORES
Communication · 25/100 Class 8

2 Before a hard conversation, plan your first sentence

YOUR SCORES
Communication · 25/100 Class 8

3 Learn the 3 never-shares: full name+school, address, passwords

YOUR SCORES
Internet Skills & Safety · 33/100 Class 8

4 Make one strong password and learn why it's strong

YOUR SCORES
Internet Skills & Safety · 33/100 Class 8

5 Be the one who starts: suggest the first idea in your next group task

YOUR SCORES
Leadership · 50/100 Class 8

6 Lead one small thing: a game, a chore team, a class activity

YOUR SCORES
Leadership · 50/100 Class 8

04 · FOR PARENTS

04 For parents

- Real conversations at home — where they finish their sentences and defend their views — are the original communication course.

05 · FOR TEACHERS

05 For teachers

- Structured talk routines (think-pair-share, one-minute explanations) give every student daily reps, not just the confident few.