PSYCHOMETRICTEST.AI · FROM CAREERGUIDE

IQ-Style Cognitive Ability Report for

IQ Assessment Report

91 challenges | 6 brain zones | Scored against Class 11

Abstract Reasoning
PATTERN DETECTIVE

Numerical Reasoning
NUMBER NINJA

Logical Reasoning
SEQUENCE SURFER

Spatial Reasoning
SHAPE SHIFTER



Working Memory
MEMORY MASTER

Visual Perception
EAGLE EYE

IQ SCORE
112
Top 21%

Average (upper half) · Top 21%
Scored against Class 11

Illustrative graphic · zones placed loosely by commonly linked brain areas — not an anatomical map

• PREPARED FOR

Zoya Qureshi (Sample)

Zoya Qureshi (Sample) — IQ Assessment Report

Issued 2026-11-15 · 91 challenges across 6 brain zones

CLASS	ISSUED	SERIAL
Class 11	2026-11-15	IQ26-SAMPLE11

INSIDE THIS REPORT

01	The score, explained	p. 3	02	Your IQ score	p. 4
03	Where you stand	p. 5	04	Scores at a glance — formal table	p. 6
05	Your 6 brain zones	p. 7	06	Superpower & level-up zone	p. 8
07	Zone by zone	p. 9–14	08	30-day workout & 90-day path	p. 15
09	Your growth story	p. 16	10	For parents	p. 16
11	For the counsellor / teacher	p. 17			

STUDENT
Your score & zones pp. 4–8 · practice pp. 9–15

PARENT
What the score means p. 3 · what to actually do p. 16

COUNSELLOR / TEACHER
Formal table p. 6 · notes p. 17

Zoya's results on one page

OVERALL IQ SCORE

112

Average (upper half)

STANDING
Top 21% (79th percentile)

SCORE RANGE
107–117

COMPARED WITH
Class 11 students only

YOUR 6 BRAIN ZONES · AHEAD OF N IN 100

Abstract Reasoning	93/100	STRENGTH
Logical Reasoning	87/100	STRENGTH
Visual Perception	73/100	SOLID
Numerical Reasoning	90/100	STRENGTH
Spatial Reasoning	83/100	STRENGTH
Working Memory	33/1	FOCUS AREA

4	1	1
STRENGTH	SOLID	FOCUS AREA

SUPERPOWER · p. 8

Abstract Reasoning

Top 7% of Class 11 · "Pattern Detective"

LEVEL-UP ZONE · p. 8

Working Memory

Ahead of 33 in 100 · "Memory Master"

YOUR 90-DAY PATH · p. 15

DAYS 1–30 → Working Memory → DAYS 31–60 → Visual Perception → DAYS 61–90 → Spatial Reasoning

How to read this report

"Ahead of 33 in 100"
How many students out of 100 in Class 11 this result is ahead of.

"Top 7%"
Only about 7 of every 100 Class 11 students scored higher.

"Likely range"
From one sitting, the true level almost certainly falls inside that range.

Strip & marker



ROOM TO GROW — STRONG

Where you sit today, from "room to grow" to "strong".

The 7 bands

Exceptionally high · Very high · Above average · Average (upper half) · Average (lower half) · Developing · Still emerging

Zone tags & colours

STRENGTH · SOLID · FOCUS AREA — Each brain zone keeps its own colour on every page.

01 · THE SCORE, EXPLAINED

Zoya Qureshi (Sample) — IQ Assessment — the score, explained

WHAT IS AN IQ TEST?

An IQ (Intelligence Quotient) cognitive test is a standardized assessment designed to measure a person's mental capabilities, reasoning skills, and intellectual potential relative to their age group.

"Cognitive" only means thinking — noticing, reasoning, remembering.

What this test measured

- **Patterns**— finding the hidden rule in a grid
- **Sequences**— working out what comes next
- **Visual detail**— spotting small differences
- **Numbers**— seeing the pattern inside numbers
- **Shapes**— turning shapes in your head
- **Memory**— holding things in mind while using them

WHAT IT DOES NOT MEASURE

Creativity · Kindness · Humour · Leadership · Effort · Curiosity · Talent

Most of what makes a person good at life is not on this page.

CAN THE SCORE CHANGE?

Yes — especially at school age, while the brain is still wiring itself. Puzzles, chess, reading, music and proper sleep all help.

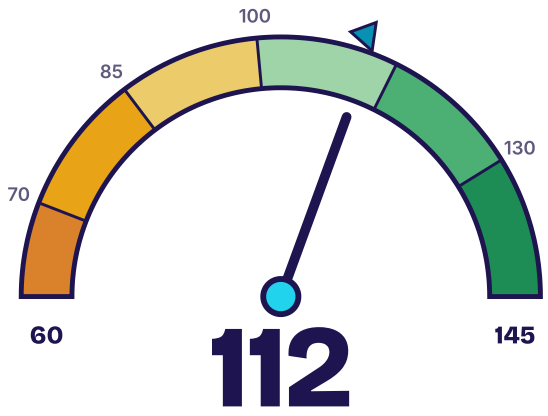
Take the test again next year — and race your own score.

02 · YOUR IQ SCORE

02 Zoya Qureshi (Sample) — your IQ score

One number that compares your problem solving with students in your own class. The dial shows where today's score sits; the table shows what that band is called.

AVERAGE (UPPER HALF)



YOUR IQ SCORE

Such a score is attained by approximately **34.1%** of Class 11 students

Scored only against **Class 11** students

Higher than about **79 out of every 100** Class 11 students.

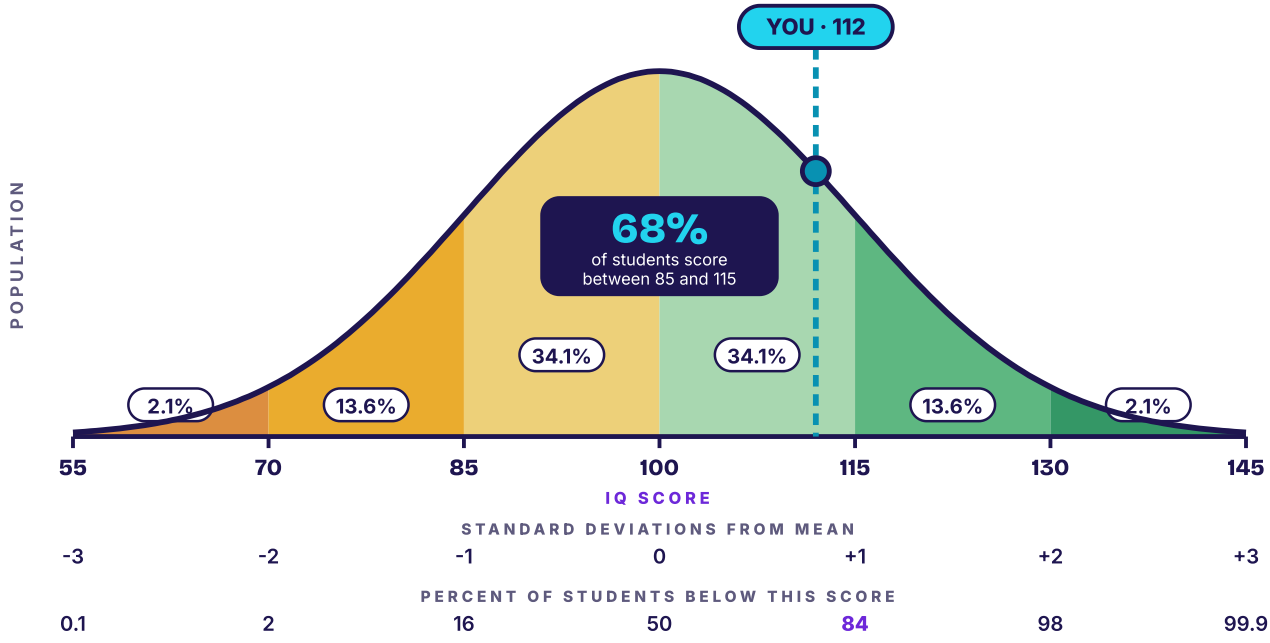
IQ SCORE CLASSIFICATION

SCORE RANGE	WHAT IT'S CALLED	HOW MANY STUDENTS
145+	Exceptionally high	0.1%
130–144	Very high	2.1%
115–129	Above average	13.6%
100–114 ← you	Average (upper half)	34.1%
85–99	Average (lower half)	34.1%
70–84	Developing	13.6%
under 70	Still emerging	2.3%

03 · WHERE YOU STAND

03 Zoya Qureshi (Sample) — where you stand — the bell curve

Every Class 11 student sits somewhere on this curve. The tall middle is where most people are; the thin tails are the rare scores.



Your marker sits at 112, in the top 21% for Class 11.

About 68 of every 100 students land in the two middle rows — that is what "average" means: the biggest, most crowded part of the curve, not a problem to fix.

ACROSS YOUR 6 BRAIN ZONES:

4	1	1
STRENGTH	SOLID	FOCUS AREA

☆ Top 25% overall

Abstract Reasoning · top 7%

Numerical Reasoning · top 10%

✓ Attempted all 91 questions

04 · YOUR SCORES AT A GLANCE

04 Zoya Qureshi (Sample) — your scores at a glance — the formal table

The same numbers a school counsellor or psychologist would read.

SCALE	SCORE	STANDING	LIKELY RANGE	DESCRIPTOR
Overall IQ score	**112** (range 107–117)	Top 21% (79th percentile)	Top 10%–25%	**Average (upper half)**
Abstract Reasoning STRONGEST	—	Top 7% (93rd percentile)	Top 1%–10%	Above average
Logical Reasoning	—	Top 13% (87th percentile)	Top 10%–25%	Above average
Visual Perception	—	Top 27% (73rd percentile)	Top 25%–50%	Average (upper half)
Numerical Reasoning	—	Top 10% (90th percentile)	Top 1%–10%	Above average
Spatial Reasoning	—	Top 17% (83rd percentile)	Top 10%–25%	Average (upper half)
Working Memory TO WORK ON	—	Ahead of 33 in 100 (33rd percentile)	Top 50%–75%	Average (lower half)

HOW TO READ "STANDING"

"Top 9%" means only about 9 of every 100 Class 11 students scored higher. "Likely range" is the honest version — from one sitting, the true level almost certainly falls inside that range. Any test is a one-day snapshot; sleep, mood and surroundings move it.

05 · YOUR 6 BRAIN ZONES

Zoya Qureshi (Sample) — your 6 brain zones

Each zone is scored separately against your own class. The marker shows where you sit today, and the strip runs from "room to grow" on the left to "strong" on the right.

ABSTRACT REASONING

93 ahead of 93 in 100

ROOM TO GROW — STRONG

Spotting the hidden rule inside a grid of shapes — the classic "which figure comes next" puzzle.

VISUAL PERCEPTION

73 ahead of 73 in 100

ROOM TO GROW — STRONG

Noticing tiny differences and details that most people scan straight past.

SPATIAL REASONING

83 ahead of 83 in 100

ROOM TO GROW — STRONG

Rotating and folding shapes in your head without touching them.



112

IQ SCORE · CLASS 11

LOGICAL REASONING

87 ahead of 87 in 100

ROOM TO GROW — STRONG

Working out what comes next in a series and why — logic that moves in a line.

NUMERICAL REASONING

90 ahead of 90 in 100

ROOM TO GROW — STRONG

Finding the pattern inside numbers — not calculation speed, but number sense.

WORKING MEMORY

33 ahead of 33 in 100

ROOM TO GROW — STRONG

Holding several things in mind at once while doing something with them.

Each number is how many students out of 100 in Class 11 this result is ahead of. The six abilities are measured by the questions answered — this is not a map of the brain, and no part of a score belongs to a part of the head.

06 · SUPERPOWER AND LEVEL-UP ZONE

06 Zoya Qureshi (Sample) — your superpower and your level-up zone

SUPERPOWER

Abstract Reasoning

Abstract Reasoning — your highest score today: Top 7% of Class 11.

In plain words: spotting the hidden rule inside a grid of shapes — the classic "which figure comes next" puzzle.

Use it: choose projects, subjects and hobbies where this shines — Mathematics, physics, coding, chess, and any exam with reasoning sections.

In everyday life: In real life this is the skill behind noticing that a maths problem is the same type you solved last week, or that a story is heading somewhere familiar.

Keep it sharp: Full aptitude-paper pattern sections, timed — a strength left alone drifts back toward the middle.

LEVEL-UP ZONE

Working Memory

Working Memory — your lowest score today (still ahead of 33 in 100 of Class 11). Not a weakness — simply the ability where practice pays fastest.

Why it matters: This is the skill behind mental arithmetic, remembering a phone number long enough to type it, and following a long instruction without notes.

The plan: 10 minutes a day for 30 days (p. 15). Students who keep it up often move this ability up a full band by next year's test.

Start here: Dual n-back progression, weekly targets

A low zone is not a verdict on Zoya — it is simply the ability that has had the least practice so far, and the one where effort shows up fastest.

What these mean: your Superpower is simply the ability where you scored highest today. Your Level-up zone is the ability with the most room to grow — practising it gives the fastest improvement, which is why your 30-day plan targets it.

07 · ZONE BY ZONE · WHAT IT MEANS FOR YOU

Zoya Qureshi (Sample) — zone by zone — what it means for you

ZONE 1 OF 6 · your superpower

Abstract Reasoning

nickname: **Pattern Detective**

STRENGTH

Spotting the hidden rule inside a grid of shapes — the classic "which figure comes next" puzzle.

Top 7%

ROOM TO GROW — STRONG

BAND · CLASS 11

- Exceptionally high
- Very high
- **Above average** ← Zoya
- Average (upper half)
- Average (lower half)
- Developing
- Still emerging

This ability sits in **Above average** — compared only with Class 11 students.

16 of 16 questions answered

IN REAL LIFE

In real life this is the skill behind noticing that a maths problem is the same type you solved last week, or that a story is heading somewhere familiar.

WHAT ZOYA'S RESULT MEANS

Zoya scored higher than about 93 of every 100 Class 11 students here — Abstract Reasoning is a genuine strength to build a study style around.

Practice ideas

1. Full aptitude-paper pattern sections, timed
2. Build your own matrix puzzle and test a friend
3. Spot false patterns: when does a trend NOT continue?

Where it pays off: Mathematics, physics, coding, chess, and any exam with reasoning sections.

ZONE 2 OF 6

Numerical Reasoning

nickname: **Number Ninja**

STRENGTH

Finding the pattern inside numbers — not calculation speed, but number sense.

Top 10%

ROOM TO GROW — STRONG

BAND · CLASS 11

Exceptionally high	
Very high	
Above average	← Zoya
Average (upper half)	
Average (lower half)	
Developing	
Still emerging	

This ability sits in **Above average** — compared only with Class 11 students.

16 of 16 questions answered

IN REAL LIFE

This is the skill behind estimating whether a shop's discount is actually good, or sensing that an answer is far too large before you check it.

WHAT ZOYA'S RESULT MEANS

Zoya scored higher than about 90 of every 100 Class 11 students here — Numerical Reasoning is a genuine strength to build a study style around.

Practice ideas

1. Exam-pace quantitative sections weekly
2. Series with second-order differences
3. Approximation drills: answer within 5% without solving

Where it pays off: Mathematics, accountancy, economics, data work, engineering entrance exams.

Zone by zone — what it means for you

ZONE 3 OF 6

Logical Reasoning

nickname: **Sequence Surfer**

STRENGTH

Working out what comes next in a series and why — logic that moves in a line.

Top 13%

ROOM TO GROW — STRONG

BAND · CLASS 11

Exceptionally high	
Very high	
Above average ← Zoya	
Average (upper half)	
Average (lower half)	
Developing	
Still emerging	

This ability sits in **Above average** — compared only with Class 11 students.

16 of 16 questions answered

IN REAL LIFE

This is the skill you use when following multi-step instructions, planning a route, or predicting the next step of an experiment.

WHAT ZOYA'S RESULT MEANS

Zoya is comfortably ahead of most of Class 11 in Logical Reasoning — higher than about 87 in 100 students. Regular light practice keeps this climbing.

Practice ideas

1. Letter + number mixed series at exam pace
2. Logic-chain puzzles: if A then B, then what?
3. Map a syllabus into dependency order — what needs what first

Where it pays off: Algebra, programming logic, science method, competitive exams.

ZONE 4 OF 6

Spatial Reasoning

nickname: **Shape Shifter**

STRENGTH

Rotating and folding shapes in your head without touching them.

Top 17%

ROOM TO GROW — STRONG

BAND · CLASS 11

Exceptionally high	
Very high	
Above average	
Average (upper half) ← Zoya	
Average (lower half)	
Developing	
Still emerging	

This ability sits in **Average (upper half)** — compared only with Class 11 students.

16 of 16 questions answered

IN REAL LIFE

This is what lets you pack a suitcase efficiently, read a map, or picture how a flat-pack turns into furniture.

WHAT ZOYA'S RESULT MEANS

Zoya is comfortably ahead of most of Class 11 in Spatial Reasoning — higher than about 83 in 100 students. Regular light practice keeps this climbing.

Practice ideas

1. Exam-pace spatial sections weekly
2. Complex nets and dice questions
3. Visualise construction: plan → elevation → object

Where it pays off: Geometry, engineering, architecture, surgery, design, aviation.

Zone by zone — what it means for you

ZONE 5 OF 6

Visual Perception

nickname: **Eagle Eye**

SOLID

Noticing tiny differences and details that most people scan straight past.

Top 27%

ROOM TO GROW — STRONG

BAND · CLASS 11

Exceptionally high	
Very high	
Above average	
Average (upper half) ← Zoya	
Average (lower half)	
Developing	
Still emerging	

This ability sits in **Average (upper half)** — compared only with Class 11 students.

16 of 16 questions answered

IN REAL LIFE

This is proofreading power, the eye that catches the one wrong digit in a bill, and the ability to spot what changed in a diagram.

WHAT ZOYA'S RESULT MEANS

Zoya is in the solid middle of Class 11 for Visual Perception — ahead of about 73 in 100 students, with clear headroom to grow.

Practice ideas

1. Exam-pace visual sections — accuracy above 90%
2. Spot the inconsistency in a chart or infographic
3. Proof a spreadsheet row against its source

Where it pays off: Biology diagrams, geometry, design, medicine, quality-checking work, editing.

Zone by zone — what it means for you

ZONE 6 OF 6 · your level-up zone

Working Memory

nickname: **Memory Master**

FOCUS AREA

Holding several things in mind at once while doing something with them.

Ahead of 33 in 100

ROOM TO GROW — STRONG

BAND · CLASS 11

Exceptionally high	
Very high	
Above average	
Average (upper half)	
Average (lower half) ← Zoya	
Developing	
Still emerging	

This ability sits in **Average (lower half)** — compared only with Class 11 students.

11 of 11 questions answered · fewer questions than the other zones — read as a rough guide

IN REAL LIFE

This is the skill behind mental arithmetic, remembering a phone number long enough to type it, and following a long instruction without notes.

WHAT ZOYA'S RESULT MEANS

Working Memory is currently Zoya's biggest opportunity — ahead of about 33 in 100 Class 11 students today. The exercises below are exactly how this number moves.

Practice ideas

1. Dual n-back progression, weekly targets
2. Recall full formula sheets cold, then verify
3. Interleaved revision: switch topics, recall the last one first

Where it pays off: Every subject — this is the workspace all other thinking happens in.

08 · 30-DAY WORKOUT AND 90-DAY PLAN

08 Zoya Qureshi (Sample) — your 30-day workout — and the 90-day path

A four-week practice plan written for you, the student, built around your level-up zone — Working Memory.

WEEK 1

Ten minutes a day of the timed version — accuracy first, speed second.

WEEK 2

Raise the difficulty: two rules at once, or one less second.

WEEK 3

Mixed set, no warm-up — start cold, the way an exam does.

WEEK 4

Full set under time, then review only what you got wrong.

How to use it: ten minutes a day, phone timer on. Each week gets slightly harder on purpose — abilities grow at the edge of comfortable. An unbroken streak beats any single long session.

Nothing to buy: paper and pencil, a deck of cards, a free puzzle app, or the puzzle page of any newspaper.

STREAK TRACKER · TICK A BOX EACH DAY

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

After 30 days — the 90-day path

Then run the same ten minutes at the next ability. Three rounds is 90 days, and by then the first has become habit.

DAYS 1–30

Working Memory

Dual n-back progression, weekly targets

DAYS 31–60

Visual Perception

Exam-pace visual sections — accuracy above 90%

DAYS 61–90

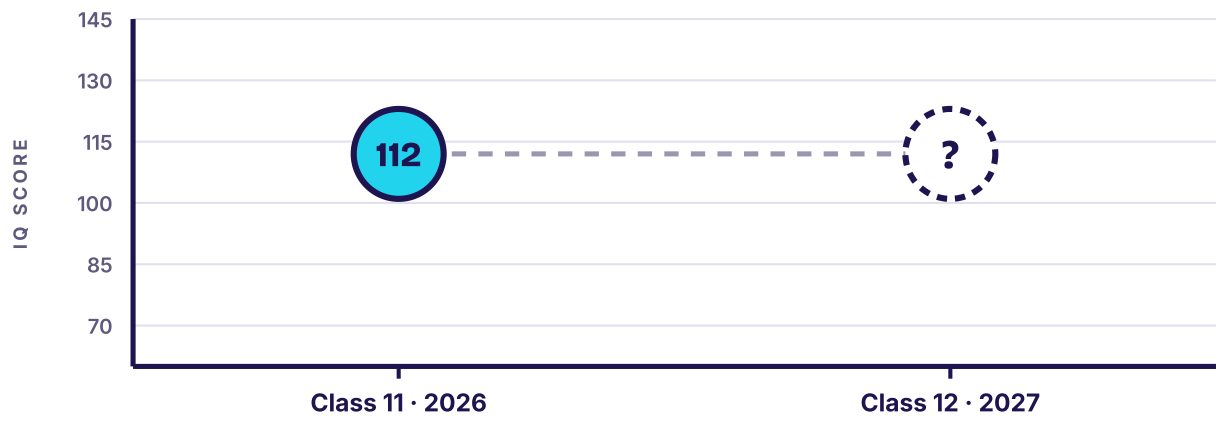
Spatial Reasoning

Exam-pace spatial sections weekly

Practice sharpens the ability itself — not a shortcut to a bigger number.

09 · YOUR GROWTH STORY

09 Zoya Qureshi (Sample) — your growth story



Take it again next year — this box fills with your own line.

10 · FOR PARENTS

10 Zoya Qureshi (Sample) — for parents — what to actually do

- **Praise the strength by name.** Say: "Your Abstract Reasoning is a real strength." Specific praise works better than "well done".
- **Do the first week together.** The 30-day plan (p. 15) takes 10 minutes a day. Sit with Zoya for the first few days, then let Zoya own it.
- **Keep puzzles fun.** They are play, not extra homework. One puzzle a day is enough.
- **Book next year's test now.** Same season next year. Then compare Zoya only with Zoya — that line matters more than today's number.
- **Two don'ts.** Don't use the score as a label. Don't compare with siblings or classmates. If anything worries you, talk to the school counsellor.
- **Tie it to the year ahead.** At Class 11 this feeds stream and entrance-exam choices — use it as one input, never the deciding one.
- **Protect sleep over extra hours.** At this age fatigue costs more marks than an extra revision hour gains.

11 · FOR THE COUNSELLOR / TEACHER

Zoya Qureshi (Sample) — for the counsellor / teacher

- **The picture in one line:** strong in Abstract Reasoning (top 7%), needs practice in Working Memory (ahead of 33 in 100). Overall: Average (upper half) for Class 11.
- **In class:** let Zoya use the strength openly — it builds confidence. Give short, easy practice tasks in Working Memory — the weekly plan (p. 15) can be used as-is.
- **Two check-ins:** ask about the practice plan on day 15 and day 30. That alone doubles follow-through.
- **What next:** add a career-interest test this year — ability plus interest gives reliable stream advice. Retest next season on the Class 12 paper.
- **Age note:** at Class 11 this is most useful beside interest and attainment data — ability alone should not drive a stream decision.
- **At this age:** map the strength to subject combinations, and treat the growth zone as exam technique, not remediation.
- **What this result does not license:** it is a screening assessment, not a diagnosis. For any clinical question, refer Zoya to a psychologist.

Next steps

Start the 30-day workout

Working Memory, ten minutes a day — p. 15.

Add a career-interest test

Pair this ability report with the Ideal Career Test™ on psychometrictest.ai.

Retest next year

Class 12 paper, same season — fill in the growth story on p. 16.

Serial IQ26-SAMPLE11 · Sample report: this serial does not verify