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21st Century Life Skills Assessment — Report

16 life skills · 4 areas | WHO / WEF framework | Class 3

Cognitive Skills

● 63/100 · 4 SKILLS

Decision Making
Problem Solving
Critical Thinking
Curiosity & Learning to Learn

AI Readiness

● 63/100 · 4 SKILLS

Media Literacy
Information Literacy
Communicating with Technology
Internet Skills & Safety



Intrapersonal Skills

● 56/100 · 4 SKILLS

Flexibility & Adaptability
Resilience & Coping
Initiative
Persistence & Grit

Interpersonal Skills

● 69/100 · 4 SKILLS

Collaboration & Teamwork
Leadership
Empathy
Communication

Overall score 63/100 · strongest area: Interpersonal Skills 69/100

All 16 skills on one wheel · each piece is one skill, with Myra's score on it; the overall score sits in the middle

● PREPARED FOR

Complete evaluation and growth recommendations for:

Myra Joshi (Sample)

CLASS	ISSUED	REPORT ID
Class 3	2026-11-21	LS26-SAMPLE03

Class 3 · 2026-11-21 · Report ID LS26-SAMPLE03 · Sample report: does not verify · 12 min

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Myra's results on one page

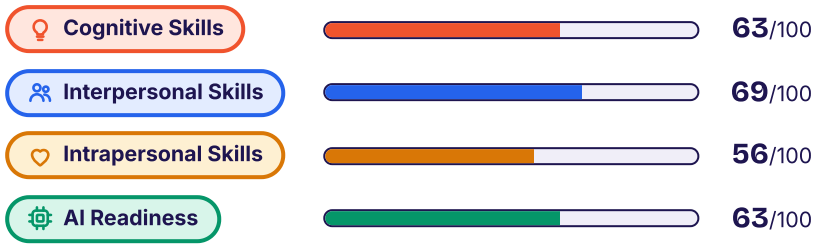
OVERALL SCORE

63/100

YOUR STRONGEST AREA
Interpersonal Skills · 69/100

MEASURED
16 life skills across 4 areas

YOUR 4 AREAS · SCORE /100 · pp. 4–11



8	7	1
STRENGTH	DEVELOPING	FOCUS AREA

number of skills in each range (out of 16) · Strength 70+ · Developing 40–69 · Focus Area below 40

ALL 16 SKILLS · SCORE /100 · pp. 4–11

COGNITIVE SKILLS

Decision Making	75	Strength
Problem Solving	75	Strength
Critical Thinking	50	Developing
Curiosity & Learning to Learn	50	Developing

INTERPERSONAL SKILLS

Collaboration & Teamwork	50	Developing
Leadership	75	Strength
Empathy	75	Strength
Communication	75	Strength

INTRAPERSONAL SKILLS

Flexibility & Adaptability	75	Strength
Resilience & Coping	25	Focus Area
Initiative	50	Developing
Persistence & Grit	75	Strength

AI READINESS

Media Literacy	50	Developing
Information Literacy	50	Developing
Communicating with Technology	100	Strength
Internet Skills & Safety	50	Developing

01 · ABOUT THE ASSESSMENT

"21st-century skills" are the core competencies — critical thinking, interpersonal skills, self-management and AI readiness — that help students succeed in school today and in the workforce tomorrow. This assessment measures **16 life skills across 4 areas**, on a framework built from the **World Economic Forum** and **WHO** guidance on 21st-century curriculum and life skills.

CLASS 3 · 2026

In Class 3, you use these every day — choosing, fixing things, sharing, trying again when something is hard, and being safe on a screen. Not one of them is fixed. Every single one grows when you practise it.

CLASS 4

See you next year in Class 4! This assessment is written class by class — next year you take the one for your new class. Retake it and track your progress, year after year.

Myra's 16 skills on one wheel



WHAT THIS WHEEL IS

All 16 life skills the 21st Century Life Skills Assessment measured, grouped into 4 areas. Each piece is one skill, with Myra's score on it; the overall score sits in the middle. Every student's wheel looks different — that is the point of it.

THE FRAMEWORK

Built on the WHO life-skills and World Economic Forum 21st-century skill frameworks. Take it again next year and watch the wheel change.

WHAT IT IS WORTH FROM HERE

Computers can already do a lot of the remembering. What they cannot do is decide what is fair, cheer up a friend, or keep trying after something goes wrong — so these are the ones worth practising.

02 · ALL 16 SKILLS

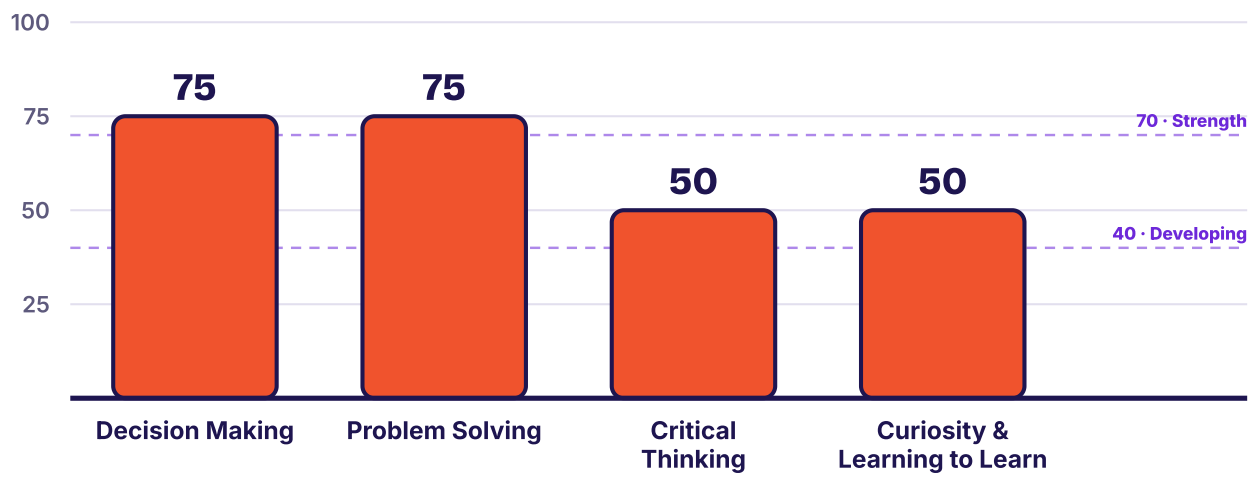
02 All 16 skills, up close

Each skill is explained first, then your score on its range: **Strength** (70+) · **Developing** (40–69) · **Focus Area** (below 40).

AREA 1 OF 4 · 4 SKILLS

Cognitive Skills

63/100
AREA SCORE



SKILL	SCORE	WHAT IT IS
Decision Making	**75/100** Strength	How you choose between options — weighing what matters instead of picking on impulse or copying others.
Problem Solving	**75/100** Strength	What you do when something doesn't work — breaking it into parts, trying approaches, and using what you have.
Critical Thinking	**50/100** Developing	Checking ideas before believing them — spotting weak reasons, missing evidence, and claims that don't add up.
Curiosity & Learning to Learn	**50/100** Developing	How much you want to find things out — asking questions, exploring beyond the syllabus, and knowing how you learn best.

Want details? *Take this report to your school counsellor for a fuller conversation.*

COGNITIVE SKILLS · SKILL 1 OF 4

Decision Making

75 /100 **Strength**



You'll notice this skill when...

- Thinks of what could happen before choosing
- Can say WHY they picked one option over another
- Doesn't just copy what friends chose

Our recommendation

Weighs options and consequences before choosing — decisions are deliberate, not impulsive. Stretch it with bigger calls: budgets, plans, trade-offs.

COGNITIVE SKILLS · SKILL 2 OF 4

Problem Solving

75 /100 **Strength**



You'll notice this skill when...

- Tries a second way when the first fails
- Breaks a big task into smaller steps
- Uses what's on hand instead of waiting for perfect conditions

Our recommendation

Approaches problems in steps and keeps trying angles until something works — a genuine strength. Feed it harder, messier problems.

COGNITIVE SKILLS · SKILL 3 OF 4

Critical Thinking

50 /100 **Developing**



You'll notice this skill when...

- Asks for the reason behind a claim
- Spots when an argument doesn't follow
- Separates facts from opinions in what they read

Our recommendation

Questions some things but accepts others too quickly, especially from friends or favourite sources. 'What's the evidence?' as a habit closes the gap.

COGNITIVE SKILLS · SKILL 4 OF 4

Curiosity & Learning to Learn

50 /100 **Developing**



You'll notice this skill when...

- Asks questions beyond what's needed for marks
- Explores topics nobody assigned
- Notices which study methods work for them

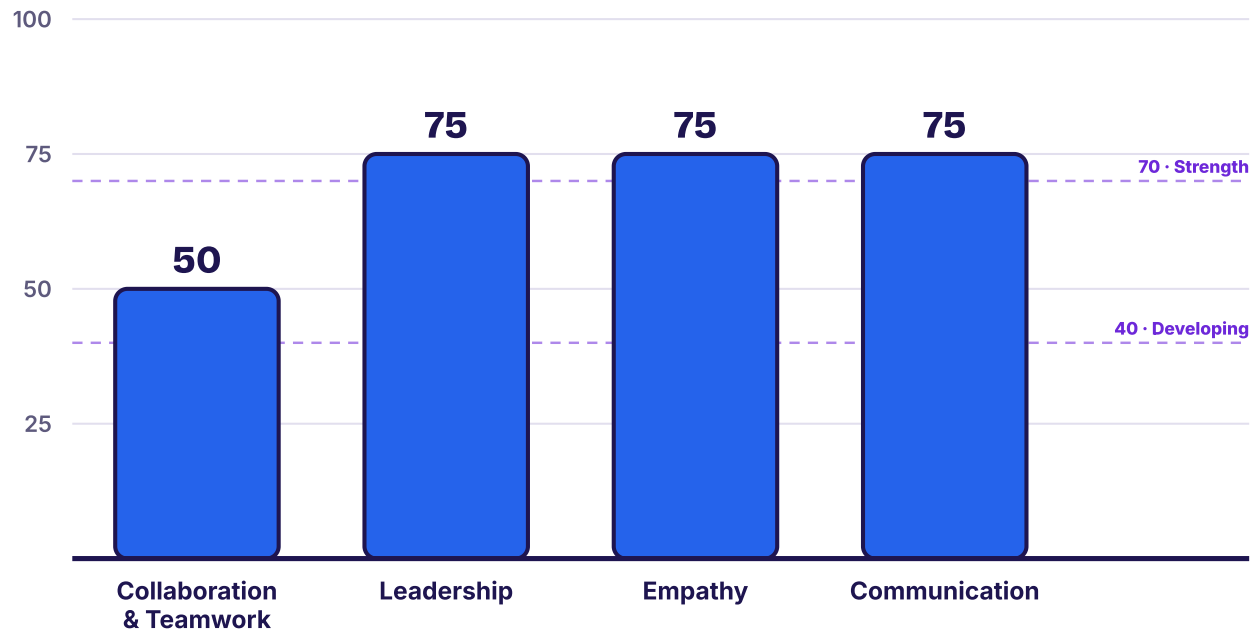
Our recommendation

Curious when the topic clicks, passive when it doesn't. Connecting school topics to their real interests wakes the engine.

AREA 2 OF 4 · 4 SKILLS

Interpersonal Skills

69/100
AREA SCORE



SKILL	SCORE	WHAT IT IS
Collaboration & Teamwork	50/100 Developing	Working WITH people — sharing work fairly, helping teammates, and putting the team's goal above being right.
Leadership	75/100 Strength	Getting a group moving — stepping up, including everyone, and taking responsibility when things go wrong.
Empathy	75/100 Strength	Feeling with people — noticing how someone else feels and letting it shape what you do.
Communication	75/100 Strength	Getting your message across and taking others' in — clearly, at the right time, in the right way.

Want details? *Take this report to your school counsellor for a fuller conversation.*

INTERPERSONAL SKILLS · SKILL 1 OF 4

Collaboration & Teamwork

50 /100 **Developing**



You'll notice this skill when...

- Does their share without being chased
- Helps a struggling teammate instead of complaining
- Accepts the group's decision even when theirs wasn't picked

Our recommendation

Works well in teams they like, less so otherwise — friction shows as silence or solo-work. Practising one supportive act per project helps.

INTERPERSONAL SKILLS · SKILL 2 OF 4

Leadership

75 /100 **Strength**



You'll notice this skill when...

- Steps up when no one else does
- Makes sure quieter members get heard
- Owns mistakes instead of blaming the team

Our recommendation

Steps up naturally and lifts the group — inclusive, responsible leadership. Give it real scope: events, clubs, captaincy.

INTERPERSONAL SKILLS · SKILL 3 OF 4

Empathy

75 /100 **Strength**



You'll notice this skill when...

- Notices when someone is left out or low
- Checks on people, not just tasks
- Considers how a joke or comment might land before making it

Our recommendation

Tunes into others' feelings and acts on it — kind AND perceptive. It will make them the person people trust; protect it from being taken for granted.

INTERPERSONAL SKILLS · SKILL 4 OF 4

Communication

75 /100 **Strength**



You'll notice this skill when...

- Explains ideas so others get them first time
- Listens fully before replying
- Picks the right moment and tone for hard conversations

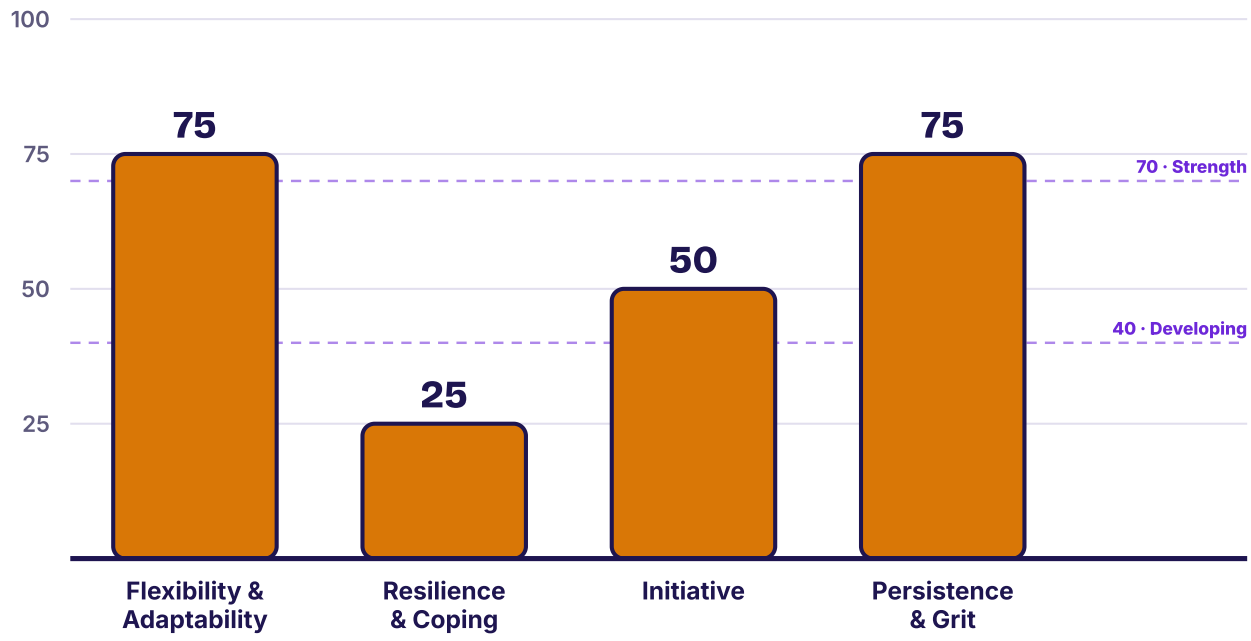
Our recommendation

Communicates clearly and reads the moment well — persuasive without being pushy. Stretch with presentations, debate, writing for real audiences.

AREA 3 OF 4 · 4 SKILLS

Intrapersonal Skills

56/100
AREA SCORE



SKILL	SCORE	WHAT IT IS
Flexibility & Adaptability	**75/100** Strength	Handling change without falling apart — new plans, new people, new rules, surprises.
Resilience & Coping	**25/100** Focus Area	Bouncing back — handling stress, disappointment and bad days without staying down.
Initiative	**50/100** Developing	Starting without being told — seeing what needs doing and beginning, instead of waiting for instructions.
Persistence & Grit	**75/100** Strength	Sticking with things — through boring middles, hard parts, and slow progress.

Want details? *Take this report to your school counsellor for a fuller conversation.*

INTRAPERSONAL SKILLS · SKILL 1 OF 4

Flexibility & Adaptability

75 /100 — Strength

0 · Focus | 40 · Developing | 70 · Strength | 100

You'll notice this skill when…

- Stays calm when plans change suddenly
- Tries new ways instead of insisting on the usual one
- Settles quickly with new classmates or teachers

Our recommendation

Adapts quickly and calmly when things change — a skill the modern world pays for. Stretch it by choosing unfamiliar situations on purpose.

INTRAPERSONAL SKILLS · SKILL 2 OF 4

Resilience & Coping

25 /100 — Focus Area

0 · Focus | 40 · Developing | 70 · Strength | 100

You'll notice this skill when…

- Recovers from a bad mark without spiralling
- Has ways to calm down when stressed
- Talks about problems instead of bottling them

Our recommendation

Stress and setbacks currently hit hard and stay long. This deserves gentle, consistent support — small wins, named feelings, trusted adults.

INTRAPERSONAL SKILLS · SKILL 3 OF 4

Initiative

50 /100 — Developing

0 · Focus | 40 · Developing | 70 · Strength | 100

You'll notice this skill when…

- Starts homework or chores without reminders
- Proposes ideas instead of waiting to be assigned
- Sees something needed and just does it

Our recommendation

Starts well in areas they enjoy; elsewhere waits for a push. Shrinking the first step ('just open the book') builds the starting muscle.

INTRAPERSONAL SKILLS · SKILL 4 OF 4

Persistence & Grit

75 /100 — Strength

0 · Focus | 40 · Developing | 70 · Strength | 100

You'll notice this skill when…

- Finishes what they start, even the boring middle
- Practises things they're not yet good at
- Treats 'not yet' as normal, not as failure

Our recommendation

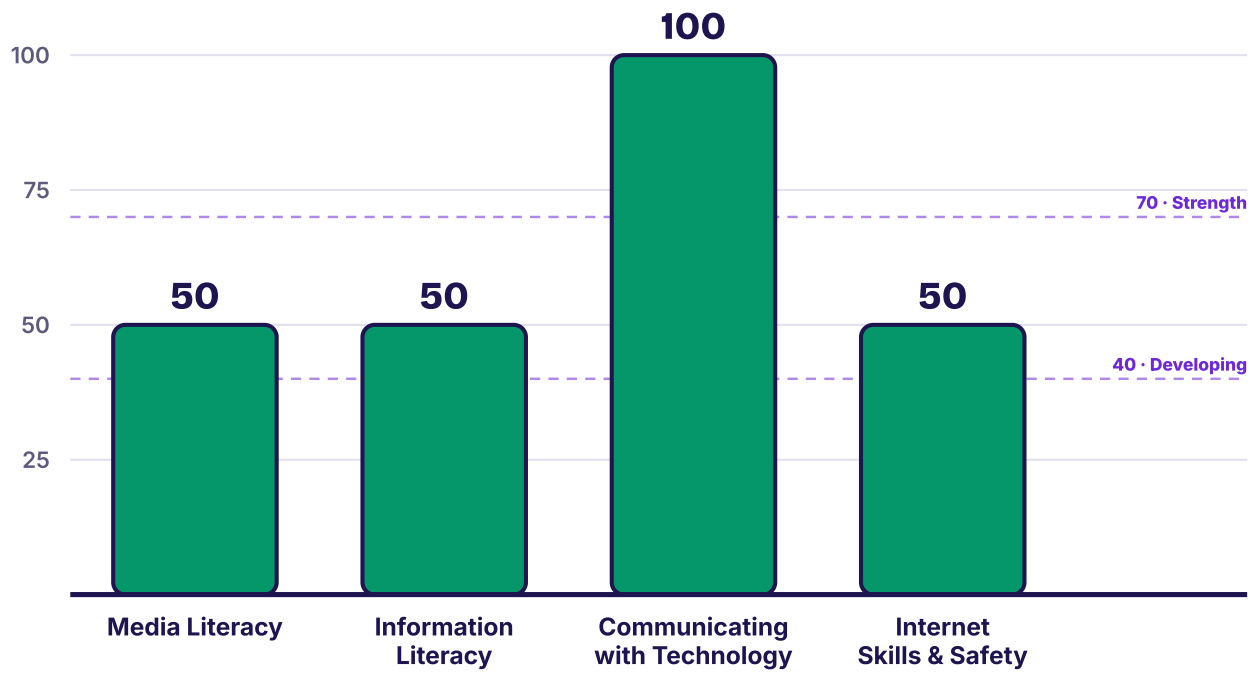
Sticks with hard things until they crack — the trait research ties most to long-term achievement. Pair it with rest so it doesn't tip into burnout.

AI Readiness

AREA 4 OF 4 · 4 SKILLS

AI Readiness

63/100
AREA SCORE



SKILL	SCORE	WHAT IT IS
Media Literacy	**50/100** Developing	Seeing through content — knowing who made a message, why, and whether to trust it: ads, forwards, posts, videos.
Information Literacy	**50/100** Developing	Finding and judging information — searching well, picking trustworthy sources, and using what you find honestly.
Communicating with Technology	**100/100** Strength	Using digital tools well with people — the right message, the right channel, the right tone, at the right time.
Internet Skills & Safety	**50/100** Developing	Staying safe and in control online — passwords, privacy, strangers, scams, and healthy screen habits.

Want details? *Take this report to your school counsellor for a fuller conversation.*

AI READINESS · SKILL 1 OF 4

Media Literacy

50 /100 **Developing**

0 · Focus 40 · Developing 70 · Strength 100

You'll notice this skill when…

- Asks who made this and why before believing it
- Spots ads and sponsored content dressed as posts
- Doesn't forward things without checking

Our recommendation

Spots obvious fakes but slips on polished ones — sponsored posts, emotional forwards, edited images. A 'pause before share' rule covers most gaps.

AI READINESS · SKILL 2 OF 4

Information Literacy

50 /100 **Developing**

0 · Focus 40 · Developing 70 · Strength 100

You'll notice this skill when…

- Checks more than the first search result
- Prefers sources that cite evidence
- Says where information came from in their work

Our recommendation

Finds information but often settles for the first result or a weak source. Comparing two sources per question upgrades everything downstream.

AI READINESS · SKILL 3 OF 4

Communicating with Technology

100 /100 **Strength**

0 · Focus 40 · Developing 70 · Strength 100

You'll notice this skill when…

- Messages politely — to teachers differently than to friends
- Knows what belongs in a group chat and what doesn't
- Thinks how a message will land before sending

Our recommendation

Communicates skilfully on screens — right tone, right channel, and thoughtful about how messages land. A visible edge in projects and beyond.

AI READINESS · SKILL 4 OF 4

Internet Skills & Safety

50 /100 **Developing**

0 · Focus 40 · Developing 70 · Strength 100

You'll notice this skill when…

- Keeps passwords private, even from friends
- Recognises scams, fake prizes and phishing messages
- Knows what personal information should never be shared

Our recommendation

Knows the basics but has gaps — usually password sharing, quiz-links, or over-trusting DMs. One serious review of habits closes them.

03 · GROWTH PLAN

03 Myra's growth plan

Six activities picked for Myra's scores and for Class 3 — weighted toward the skills with the most room to grow. Start with any two this week.

1 Learn one calm-down trick: 5 slow breaths, count 10, walk a minute

YOUR SCORES

Resilience & Coping · 25/100 — Class 3

2 After a bad day, name one thing that still went okay

YOUR SCORES

Resilience & Coping · 25/100 — Class 3

3 Play one team game a week where winning needs passing, not solo play

YOUR SCORES

Collaboration & Teamwork · 50/100 — Class 3

4 Join the group singing, dance or school play this year

YOUR SCORES

Collaboration & Teamwork · 50/100 — Class 3

5 Play 'fact or opinion?' with 5 sentences at dinner

YOUR SCORES

Critical Thinking · 50/100 — Class 3

6 Play spot-the-difference, jigsaw and cube puzzles

YOUR SCORES

Critical Thinking · 50/100 — Class 3

04 · FOR PARENTS

04 For parents

- When they fail at something, share a failure of yours and what happened next. Modelled recovery beats pep talks.

05 · FOR TEACHERS

05 For teachers

- Normalise error — 'my favourite mistake' moments and visible redraft culture teach that setbacks are part of the work.